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I went to Dr. Jamie Tripp[Thimure] after experiencing pain in my shoulder from a workout related injury. She was very helpful and professional in her procedure, diagnosis, and aid all while keeping a personable atmosphere with me. Upon inspection, Dr. Tripp was able to see the problem areas and help me through a variety of stretches, and pressure specific exercises to relieve the stress/kinks/build up and release any tightness. I am happy to report I was pain free 100% a couple days later and have had no occurrence and thank Dr. Tripp for helping solve my problem!

by *Zumba Tom*